



MuddyPearl

Left to Their Own Devices?

Confident Parenting in a World of Screens

Katharine Hill

Katharine Hill tackles the important issues head on. A brilliant tool for parents, full of practical wisdom and advice. Read it now and, above all, don't leave your children to their own devices.

Rob Parsons OBE

“How do I parent my fifteen-year-old, whose phone needs to be surgically removed from her hand?”

“How do I stop my five-year-old from throwing an iPaddy when screen time is over?”

“How do I help my child to stay safe online?”

Ten years ago, we didn't need to ask these questions – but today they are very real. And we need answers.

Communications technology is advancing at such speed, heralding a world of choice and opportunity, that we sometimes struggle to navigate each new turn. And yet, with technology, as with life, our role as parents is to equip our children to make good choices and to deal with all the hidden dangers, as well as take hold of the positive opportunities

This clear, informative book explores the impact of the digital world on teenagers and younger children, giving practical advice on screen time, social media, and consumer culture as well as how to tackle some of the more serious issues, such as online bullying, grooming and pornography. In an age of digital confusion, Katharine Hill's calm wisdom and practical guidance brings help to any parent.

Whether you are a new parent or living with teenagers, a stranger to Snapchat or have 500 followers on Twitter, this book is for mums and dads who want to confidently parent in a world of screens.

Author

Katharine Hill is the UK Director of Care for the Family. She speaks and writes on family matters, and is a regular author for *The Huffington Post*. She has practiced as a family lawyer and is a member of the board of the International Commission for Couple and Family Relations. Katharine is married to Richard and they have four grown-up children.

Readership

- Parents, grandparents and carers of children of all ages
- Parents struggling with media-savvy children
- Youth workers, teachers and other professionals working with children

Key Selling points

- Foreword by Rob Parsons and endorsements from Rt Rev James Jones and Nicky and Sila Lee, amongst others
- Combines up-to-date analysis of the digital world with seasoned parenting advice from a trusted expert
- Practical advice on screen time, social media and consumer culture as well as some of the more serious issues such as online bullying, grooming and pornography
- A lifeline for parents who are strangers to technology as well as those who use it as integral part of everyday life
- Cinnamon Letters PR Campaign



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