

# Left to Their Own Devices?

Confident Parenting in a World of Screens

Katharine Hill



MuddyPearl



Communications technology is advancing at such speed, heralding a world of choice and opportunity, that we sometimes struggle to navigate each new turn. And yet, with technology, as with life, we need to equip our children to make good choices and to deal with all the hidden dangers, as well as to take hold of the positive opportunities.

Fully revised and updated to keep pace with this quickly changing digital world, Katharine Hill's clear, informative book explores the impact of the digital world on teenagers and younger children. Offering encouragement, wisdom and practical advice on topics such as screen time, social media and consumer culture,

as well as how to tackle some of the more serious issues of online bullying, grooming and pornography, this book is a lifeline for parents, carers and teachers in an age of digital confusion.

Whether you are a new parent or living with teenagers, a stranger to Snapchat or have 500 followers on Twitter, this book is for mums and dads who want to confidently parent in a world of screens.

*This book is a much-needed resource ... Katharine Hill skilfully and sensitively tackles a terribly thorny subject.*

**Dr Samantha Callan, family policy expert and parliamentary advisor to Lord Farmer**

## Author

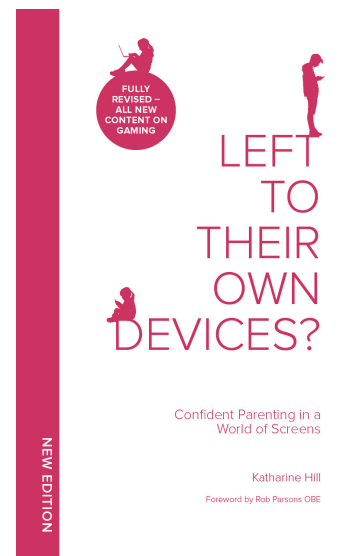
Katharine Hill LLB JP is UK Director at Care for the Family. She speaks and writes on family matters, is a regular author for *The Huffington Post*, and the author of several books. Katharine also leads on Care for the Family's policy agenda representing the organisation at government level, and she is a board member of the International Commission on Couple and Family Relations. Prior to joining Care for the Family in 2004, Katharine practised as a family lawyer. She is married to Richard and they have four grown-up children.

## Key Selling points

- New edition with updated references and statistics, updated relevant examples reflecting changes in the use of social media by a new generation, and with added chapters on gaming and sharenting (when parents post things about their children online)
- Combines up-to-date analysis of the digital world with seasoned parenting advice from a trusted expert
- Practical and approachable, with level-headed advice on screen time, social media and consumer culture, including a family internet policy
- Addresses serious issues like online bullying, grooming and pornography, in a non-sensational way, giving clear steps for when things go wrong
- A lifeline for parents who are strangers to technology as well as those who use it as integral part of everyday life
- PR campaigns with appearances on the Victoria Derbyshire Show and BBC Radio 4 Bringing Up Britain panel; articles in Daily Mail; main speaker at the Primary Head Teachers conference

## Readership

- Parents, grandparents and carers of children of all ages
- Adults struggling with media savvy-children
- Christian parents gifting this resource to their friends
- Youth workers, teachers and other professionals working with children



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